

**DAY 1, (JANUARY 23, 2026; FRIDAY)**

0830 to 0900	<b>REGISTRATION FOR PRE CONFERENCE WORKSHOPS</b>		
	<b>HALL A</b>	<b>HALL B</b>	<b>HALL C</b>
	<b>PRE-CONFERENCE WORKSHOPS</b>		
0900 to 1200	<b>Blood Flow Restriction Therapy (BFRT): Benefits, Risks &amp; Reg Flags</b> Anil Bhawe, Sona Kolke	<b>Diagnostic to Dynamic: ECG Skills and Rehabilitation Planning in Physiotherapy</b> Shailaja V. Patel, Parthkumar Devmurari	<b>SI Joint Decoded: From Pain to Performance</b> Sudipto Nag, Prabal Kumar Saha, Jyoti Prakash Kirtania, Arup Kumar Biswas
1200 onwards	<b>CONFERENCE REGISTRATION</b>		
1300 to 1415	<b>Platform Presentation</b>	<b>Platform Presentation</b>	<b>Platform Presentation</b>
	<b>INVITED TALKS</b>		
1415 to 1445	<b>Reclaiming Function: An integrated Approach to Spastic Hand Management in Paediatrics</b> Snehal Deshpande	<b>Strength and Conditioning Approaches for Sport- Specific Energy systems Development in Physiotherapy Practice</b> Purvi Patel	<b>Art as an adjunct to Physiotherapy: The Neuroscience behind it</b> Amruta Nerurkar
	<b>FOCUSED SYMPOSIA</b>		
1445 to 1545	<b>Harnessing Virtual Reality for Restoring Function: A Paradigm Shift in Rehabilitation</b> Shefali Walia, Shambhovi Mitra, Sudhir Bhatbolan, Meena Makhija	<b>From Inner Ear to Outer World: The Vestibular System and Gross Motor Milestones</b> Mihika Khare, Snehal Deshpande, Tejal Ghadge	<b>Bridging Innovation and Implementation in Neurorehabilitation.</b> Rinita Mascarehas, Sivakumar Balasubramanian, Dorcas Ganghi, Nistara Chawla, Annanya Sharma
1545 to 1600	<b>WALK THROUGH EXHIBITION AND POSTER GALLERY NETWORKING &amp; TEA/ COFFEE BREAK</b>		
1600 to 1645	<b>KEY NOTE ADDRESS</b> <b>From Footprints to AI: My 40-year Journey in Gait Analysis</b> Anil Bhawe		
	<b>INVITED TALKS</b>		
1645 to 1715	<b>Reaching the Unreached: Challenges and Triumphs of Community Physiotherapy in Remote Areas of Nepal</b> Inosha Bimali	<b>Rewiring Pain: Neuroplastic Strategies and Pain Neuroscience Education for Chronic Musculoskeletal Pain</b> Tajuddin Chitapure	<b>Optimizing Questionnaire Use Across Cultures: The Necessity of Cross-Cultural Adaptation and Rigorous Psychometric Evaluation of Questionnaires for Research</b> Sukhada Prabhu
1715 to 1745	<b>Yoga in physiotherapy: A scientific Approach</b> Nilima Patel	<b>Episiotomy: An untold complication of women during childbirth</b> Pradeep Sarkar	<b>EMG/NCS in Physiotherapy Management: Practical Insights (Practical Demo)</b> G Palani Kumar
1745 Onwards	<b>11<sup>TH</sup> ANNUAL GENERAL BODY MEETING (AGM) OF SOCIETY OF INDIAN PHYSIOTHERAPISTS (OPEN FOR ALL DELEGATES)</b>		

**DAY 2, (JANUARY 24, 2026; SATURDAY)**

	HALL A	Hall B	Hall C
0830 to 1015	Platform Presentation	Platform Presentation	Platform Presentation
<b>FOCUSED SYMPOSIA</b>			
1015 to 115	<b>Curiosity to Contribution: The Research Process culminates in sharing the results.</b> John Solomon, Abha Khisty, Zafar Azeem, Parth Trivedi	<b>Navigating Transitions: From Childhood to Adulthood &amp; Challenges and Opportunities</b> Asha Chitnis, Sampada Jahagirdar, Anubha Goel	<b>Core Capsule: The Foundation of Functional Movement</b> Shambhovi Mitra, Sudhir Bhatbolan, Kavita Vishal. Shweta Bhatbolan
1130 to 1230	<b>INAUGURATION</b>		
1230 to 1245	<b>WALK THROUGH EXHIBITION AND POSTER GALLERY NETWORKING &amp; TEA/ COFFEE BREAK</b>		
<b>PRACTICAL DEMONSTRATION</b>			
1245 to 1315	<b>How should we use exercise prescription?</b> K. Ganesan	<b>Enhancing Physical Activity through Physiotherapy: Lymphatic Activity in Sports</b> Sudipto Nag, Buddhadev Nath, Jyoti Prakash Kirtania	<b>Demonstrating the benefits of immersive Virtual Reality in Stroke rehabilitation</b> Raja Anbarasan
<b>INVITED TALKS</b>			
1315 to 1345	<b>The Physiotherapy Trial Paradox: Why RCTs Miss the Mark—and How to Fix Them</b> Abraham Samuel Babu	<b>Entrepreneurship in Physiotherapy: Is it only about spreadsheets?</b> Dhairav Shah & Vasudha Sethi	<b>Role of rTMS in the recovery of Upper Extremity motor control post stroke</b> Naveen Kumar
1345 to 1445	<b>NETWORKING &amp; LUNCH</b>		
1445 to 1530	<b>4<sup>TH</sup> DR LALITHA DALVI ORATION LECTURE</b> <b>Revisiting the Role of Electrotherapy in Sports Injury Management</b> A.G.K. Sinha		
<b>INVITED TALKS</b>			
1530 to 1600	<b>Physiotherapy Management in Pelvic Venous Disorders</b> Snigdha Mehta	<b>Transcranial Magnetic Stimulation (TMS) and Peripheral Nerve Stimulation (PNS): A Physiotherapist's Guide to Neuromodulation.</b> Manali Akre	<b>CBT as an Adjunct to the Physiotherapy Management of Chronic Low Back Pain</b> Buddhadev Nath
<b>INVITED TALKS</b>			
1600 to 1630	<b>From Idea to Innovation: The Way Forward</b> Prasannajeet Pramod Nikam	TBC	<b>Falsifying Research in Physiotherapy: Is there an Epidemic?</b> Asir John Samuel
1630 to 1700	<b>WALK THROUGH EXHIBITION AND POSTER GALLERY NETWORKING &amp; TEA/ COFFEE BREAK</b>		
1700 to 1800	Platform Presentation	Platform Presentation	Platform Presentation

**DAY 3, (JANUARY 25, 2026; SUNDAY)**

	Hall A	Hall B	Hall C
0830 to 1015	Platform Presentation	Platform Presentation	Platform Presentation
1015 to 1100	<p><b>2ND DR. SANDHYA MUNNA SHAH MEMORIAL LECTURE</b>  <b>The Importance of Palliative care and the Significant role of Physiotherapy</b>                      Vincent Paramanandam</p>		
	<b>INVITED TALKS</b>		
1100 to 1130	<p><b>Hacking Geriatrics: The surprising New Science of Physiotherapy</b> Subhash Khatri</p>	<p><b>From Sole to Core: Unlocking the Hidden Power of Foot Intrinsic Muscles in Lower Limb Rehabilitation</b> Amit Sharma</p>	<p><b>Role of Physiotherapy in IVF</b> Fagun Jinal Jain</p>
1130 to 1200	<p><b>WALK THROUGH EXHIBITION AND POSTER GALLERY NETWORKING &amp; TEA/ COFFEE BREAK</b></p>		
	<b>PANEL DISCUSSIONS</b>		
1200 to 1245	<p><b>Defining skills is first step and a fundamental step to competency-based education: have we accomplished this first step?</b> Nitesh Bansal, Savita Ravindra, Gaurang Baxi, Megha Nataraj</p>	<p><b>How can we adapt physiotherapy delivery to patients from low- to middle-income strata of society?</b> V.Sundar Kumar, Jui Dave, Dorcas Gandhi, Sharel Singh David</p>	
1245 to 1315	<p><b>SPECIAL INVITED SESSION</b>  <b>Work in Australia: Strategies and Procedures for Indian PT's</b> Anton Harris</p>		
1315 to 1400	<b>CONCLUDING CEREMONY</b>		
1400 onwards	<b>NETWORKING AND LUNCH</b>		