

Editor's Note

Dear Readers,

Welcome to the 3rd Issue Journal of the Society of Indian Physiotherapists. This issue has been edited by me and my colleague Dr V Sundar Kumar to support Dr. Shabnam Agarwal, Editor, SIP Journal who was involved in organizing the 3rd Annual Conference of SIP at Kolkata early 2018.

Dr. Shabnam and her team hosted the 3rd Annual conference of SIP in the city of Kolkata between 26th and 28th January 2018. The conference attracted delegates from across the country and from Bangladesh and Nepal. The scientific program of the conference was a huge attraction and was graced by eminent speakers of International repute. The program also had 41 scientific abstract presentations in Oral and E-poster categories.

This issue contains four research papers, one letter to the editor and the SIPCON 2018 abstracts. We thank the authors for the interest shown in submitting manuscripts to JSIP. Paryushi has addressed the importance of dynamic balance in female basketball and football players. Her cross-sectional study among this population demonstrated better dynamic balance among the football players. Sharvani et al have used the humble sand and demonstrated that training in sand is as effective as training using foam surfaces. Pranjal et al, using their cross sectional study among children found that foot anthropometry has no correlation with balance measures in children. Pavani et al have used a novel approach to improve weight transfer to the paretic limb in their study that assesses the effect of training specific to weight transference phase of sit to stand on weight sifting ability on paretic limb in patients with hemiplegia. One of the most common exercises prescribed by physiotherapists is the 'static quadriceps' exercise. Rawal has addressed an interesting perspective through his letter to the editor. It highlights the care we must exercise in prescribing this simple exercise. You also have all the abstracts that were presented in the conference. In all this issue makes for an interesting read.

The Journal of Society of Indian Physiotherapists strives to provide a platform to researchers to publish high quality research. The articles are published in Online and well as Print Formats. Although this is a new journal, articles submitted for publication are scrutinised by the Editors office for its suitability for publication in JSIP. The journal then uses comments and recommendations from blinded peer review of at least two reviewers to accept the submissions for publication. The articles published in the journal are available for free download; however the journal does not charge article processing fee to the authors.

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